Healthy People 2020 in Review:

# Tracking the Leading Health Indicators

Through a set of <u>Leading Health Indicators (LHIs)</u>, Healthy People prioritizes some of the nation's most pressing public health issues. Tracking LHIs helps us see the progress we've made — and where we still have work to do.

## Spotlight on the **Healthy People 2020 LHIs**

Healthy People 2020 featured **26** LHIs. We carried over **14** Healthy People 2020 LHIs to Healthy People 2030. Of the 2020 LHIs carried over, **64 percent** of the 2030 LHIs met or exceeded — or made progress toward — the Healthy People 2020 targets:

AHS-1.1	Persons with medical insurance
C-16	Adults receiving colorectal cancer screening based on the most recent guidelines
EH-1	Air Quality Index > 100
HDS-12	Adults with hypertension whose blood pressure is under control
HIV-13	Knowledge of serostatus among HIV-positive persons
MICH-1.3	All infant deaths
PA-2.4	Adults meeting aerobic physical activity and muscle- strengthening objectives
SA-14.3	Binge drinking in the past month — adults

LHIs in the new decade, <u>check out their Healthy</u>

<u>People 2030 equivalents</u>.

To continue tracking these Healthy People 2020

Adult cigarette smoking



LHIs in action

a Healthy People 2030 Champion

TU-1.1



**Approach:** Through its Iowa Get Screened: Colorectal Cancer Program, Iowa HHS is working to increase colorectal cancer screenings among low-income Iowans ages 45 to 75 years. Specifically, Iowa HHS collaborates with Iowa's federally qualified health centers and local public health

agencies to implement evidence-based interventions for colorectal cancer

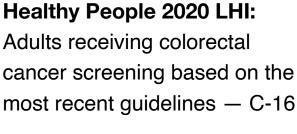
screenings. The program focuses on lowans who are at or below 300

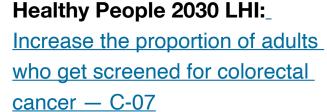
Organization: <u>lowa Department of Health and Human Services (lowa HHS)</u>

percent of the federal poverty level and are uninsured or underinsured.
Outcome: By increasing colorectal cancer screenings among people who are underserved, lowa HHS is helping to prevent cancer cases and deaths — and to reduce health disparities.

### Healthy People 2030

**Healthy People objectives addressed** 





LHIs in Healthy People 2030

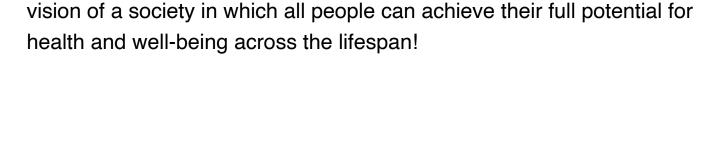
Healthy People 2030 features **23 LHIs** — including **9** that are new LHIs this decade.

As a set, the <u>Healthy People 2030 LHIs</u> cover the lifespan and focus on

upstream factors — like risk factors and behaviors — instead of disease

outcomes. They help organizations, communities, and states across the

nation focus their resources and efforts to improve the health and well-being of all people.



By addressing LHIs, together we can advance the Healthy People 2030



Interested in tracking LHIs over the decade?